



Hello,

I am interested in running for the FAPTO Board. Here is my personal statement:

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I've been a member for many years, including working with my personal trainer for years. Being part of the gym has been so helpful to me in varying difficult times – when I've been injured and not sure how to work out, I've gotten help; when we've been quarantined, I've found virtual sessions; and when I've needed a break from work, I've found welcoming smiles. I'd love to give back and be part of shaping the future of the gym, especially as we move towards reopening. My focus would be increasing membership and expanding the offering of virtual and in-person options.

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Thank you!

Liesl Baumann