GET UP.

GROUP EXERCISE
EARLY RISER CHALLENGE

FEBRUARY 1-29

Complete at least two **EARLY MORNING CLASSES** per week during the Month of February (8 minimum). Receive **25 BONUS POINTS** for each extra class per week!

EARN UP TO 400 PTO FitREWARDS POINTS!

	MON	TUES	WED	THURS
WEEK 1				
WEEK 2				
WEEK 3				
WEEK 4				
WEEK 5				